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## WELCOMING GROWTH WITH GRATITUDE



Dear Urban Recipe Community,

As we embrace the changing seasons and the vibrant energy they bring, it's with great joy that we welcome you to the latest edition of our quarterly newsletter.

Reflecting on the journey we've been on together for these 33 years, it's evident that growth has been a big part of our work to promote food security and create community. Whether it's expanding our own co-ops, training other organizations, creating and launching our mobile pantry partnerships, or deepening our impact with families, every instance of growth further proves the dedication and resilience of our team and our amazing community of supporters.

We are profoundly grateful for the trust and loyalty you have given us, propelling Urban Recipe to new heights. Your commitment, generosity, and motivation fuel our passion and inspire us to keep striving for excellence. Together, let us continue to grow, thrive, and spread the seeds of this model wherever we go.

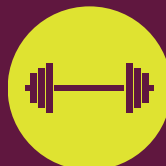
With gratitude,

Jeremy Lewis  
Executive Director of Urban Recipe

## FIRST QUARTER IMPACT REPORT



Food Value  
**\$354,557**



Pounds Distributed  
**184,665 lbs**



Number of Meals  
**153,888**



*Co-op 2 member, Felicity, helps sort non-perishable items into bins at a recent co-op meeting.*

## CO-OPS SPREAD THROUGH INVITATION

One of our new co-op members, Annette, was referred to co-op this year by her neighbor. Annette lives in an inter-generational home and was grateful to start attending co-op for the food support. As soon as she arrived, she knew she needed to share co-ops, remarking that she was floored and excited “that [Urban Recipe] lets people come in no matter what station of life you’re in.”

Annette is a pastor at her church and during ministry had met a neighborhood of families unable to find work and struggling to make ends meet. She invited them to join a co-op and 10 families from that community have since joined. Annette has shared, “as many as I can bring here, I bring”, voicing that “this food makes a world of difference.” Our primary source of growth in co-ops is word of mouth referrals, and it’s incredible to see the community and growth that can occur through a simple invitation.

## ICS CO-OP CONTINUES TO IMPACT FAMILIES

Our ICS Co-op launched in November 2020 amidst the pandemic. Since its beginning, it has grown from a food pickup to a fully incorporated co-op, emulating the Urban Recipe model. The co-op president, Htwe Htwe, has been in the co-op since its origin. She shared, “what I like about co-op is people come and sort the food together and get to know each other and make more communities.” ICS is a school-based co-op, and all of its members are either staff or parents associated with the International Community School.



*ICS co-op president, Htwe Htwe, with co-op vice president, Dilbar Hajiessa, at the ICS co-op*

## CPP APPLICATIONS ARE OPEN

We are seeking applicants for our Cooperative Pathway Program (CPP)! Are you interested in learning more about hosting a co-op? Apply today to receive all the tools and resources you need to support sustained, dignified food security in your community.

Apply online at [bit.ly/CPP-application](https://bit.ly/CPP-application) or direct your questions to Jeremy at [info@urbanrecipe.org](mailto:info@urbanrecipe.org)





Darcy Farrington-Ryan, left,  
at Urban Recipe's 2023  
Tummy and Soul

## DONOR SPOTLIGHT

"I came to know of Urban Recipe the way that all the best things are discovered, through a friend. I was drawn to their enthusiasm and holistic approach to responding to need within a community. Urban Recipe creates communal tables where individuals and organizations can share their gifts, and everyone is lifted up in the process.

This was beautifully evident during November's Huncho Farms when I saw co-op members and long-time volunteers enthusiastically catching up about life updates and family happenings. I consider myself fortunate to have been introduced to this vibrant community, and I'm looking forward to Tummy and Soul as we celebrate this past year's successes and the coming year's exciting new endeavors. Hope to see you there!"

- Darcy Farrington-Ryan, Urban Recipe donor and volunteer



## THERE'S STILL TIME TO JOIN US!

Sunday, April 28th, 2024

Wahoo! Grill

VIP Reception 4 - 5 pm

\*sold out\*

Main Event 5 - 7 pm

AN EVENING OF COMMUNITY. FOOD.  
DRINK & LIVE MUSIC

All funds raised support our food security programming.

Tickets: [urbanrecipe.org/tummyandsoul](http://urbanrecipe.org/tummyandsoul)

Questions?: [mandashankel@urbanrecipe.org](mailto:mandashankel@urbanrecipe.org)

## WANT TO GET INVOLVED?



### JOIN A CO-OP

Anyone who is in need of food and support is welcome to join a co-op. Contact us today to get information about orientation.

[urbanrecipe.org/food-co-ops/join](http://urbanrecipe.org/food-co-ops/join)



### DONATE

You can support us monthly, one-time or through your company!

[urbanrecipe.org/donate](http://urbanrecipe.org/donate)



### VOLUNTEER

Volunteer sessions are available multiple times a week! Sign up or email us to pick another time to sign up your group.

[urbanrecipe.org/volunteer](http://urbanrecipe.org/volunteer)