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## CULTIVATING ABUNDANCE: A GARDEN OF COMMUNITY GROWTH



Dear Urban Recipe Community,

In the tapestry of our shared endeavors, community is the vibrant thread that weaves us together. It's a testament to our collective dedication at Urban Recipe, where food security, community building, personal development, and the affirmation of dignity intersect.

Imagine our mission as a garden. Food security is the fertile soil from which our community blooms, providing sustenance and nourishment to all. Together, we plant seeds of encouragement, cultivating a thriving ecosystem that celebrates each member's unique value.

In this garden, the community is the nurturing sunlight, fostering bonds and connections that give our Urban Recipe co-ops their warmth and vitality. It's a place where everyone sits at the table, which is the true spice of life.

Through "The Cookbook," our quarterly newsletter, we invite you to stroll through this garden, savoring the stories and experiences that embody our journey. Let us cultivate abundance, celebrate growth, and embrace the richness of our shared journey.

With gratitude,

Jeremy Lewis  
Executive Director of Urban Recipe



Co-op member at Lake Forest sort snacks

## CO-OP SPOTLIGHT: SCHOOL GROWTH

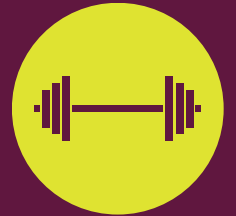
This quarter, we have seen an influx of growth in our school co-ops. As families settle back into routine, more people are finding Urban Recipe and able to participate in our mission. We have three school co-ops: Lake Forest, Slater, and International Community School.

These three co-ops are hosted at schools and are entirely comprised of faculty, staff, and students' families. These co-ops are rooted in and grow within the school community, and it is such a gift to see the community sharing another aspect of their lives through co-op.



Slater co-op members and community partners pose at their open house

## THIRD QUARTER IMPACT REPORT



Pounds Distributed  
**174,981 lbs**

## CO-OP SPOTLIGHT: LAKE FOREST BREAKFAST

Lake Forest Co-op gathered for a community breakfast this month. Under the leadership of their steering committee, the co-op voted on a community activity, date, time and location. They chose to meet up for a meal together as another way to share in food that they commune with every other week.



Food Value  
**\$335,964**



Lake Forest co-op members at their community breakfast



Number of Meals  
**145,818**

## DONOR SPOTLIGHT

CoreGiving is a steadfast supporter of Urban Recipe. An organization dedicated to eliminating child hunger through partnerships with hunger-relief organizations, their support comes from the Blackstone Real Estate portfolio companies.



ANDMORE with CoreGiving poses for a photo after their volunteer session

“We believe that access to healthy food is a fundamental human right and that strengthening communities starts with addressing childhood hunger. CoreGiving, along with our Blackstone Real Estate portfolio company partners, value Urban Recipe’s approach and leadership in Atlanta and we’re proud to support their efforts with dollars and hours.” - Bridget O’Connell, Executive Director, CoreGiving

CoreGiving Day was hosted on October 5th with employees from the Blackstone real estate portfolio companies volunteering across the country. 40 employees of ANDMORE spent the day with us, packing over 200 boxes for families in need!

“The ANDMORE Team was honored to serve at Urban Recipe. Its mission perfectly aligns with our core value of serving as a force for good in our community.” - Monique Honaman, Executive VP & Chief Human Resources Officer, ANDMORE

## WANT TO GET INVOLVED?



### DONATE

You can support us monthly, one-time or through your company!

[urbanrecipe.org/donate](https://urbanrecipe.org/donate)



### JOIN A CO-OP

Anyone who is in need of food and support is welcome to join a co-op. Contact us today to get information about orientation.

[urbanrecipe.org/food-co-ops/join](https://urbanrecipe.org/food-co-ops/join)



### VOLUNTEER

Volunteer sessions are available multiple times a week! Sign up or email us to pick another time to sign up your group.

[urbanrecipe.org/volunteer](https://urbanrecipe.org/volunteer)

## MAD AVE DERBY 2023

We had a blast this past weekend at the Mad Ave Derby and were honored to be this year’s beneficiary!



The Mad Ave Derby team presents Urban Recipe with \$20,000

*If you’d like to speak with Jeremy about bringing the mission of Urban Recipe to your neighborhood, please reach out! We are always looking for ways to connect with our Atlanta community: [info@urbanrecipe.org](mailto:info@urbanrecipe.org)*